

FLIGHT WITHOUT FEAR

A ROYAL NEWCASTLE AERO CLUB PROJECT



**Do you hate flying? Do you feel anxious even thinking of flying?
Have you ever missed out on something really important
because there was no way to get there without flying?
Is not flying limiting holidays or work opportunities?**

Don't let fear stop you any longer

This new year make a resolution to overcome your fear of flying by joining the six-week Flight Without Fear course.

Give yourself the gift of freedom to fly without fear.

Join this experienced program that has helped people just like you start flying.

This course offers a unique opportunity to learn everything you've ever wanted to know about flying as well as the most effective psychological management strategies. Learn from industry experts including Jetstar pilots, cabin crew and flight engineers, the Bureau of Meteorology, Civil Aviation Authority, Air Traffic Control and a Clinical Psychologist. Experience unique behind the scenes access to tour Newcastle Airport security, Jetstar plane and cockpit.

The program concludes with a once in a lifetime group graduation flight fully supported by mentors and the program Clinical Psychologist. You don't have to do this on your own.

There is no better way to overcome your fear of flying. Contact us today for an application form.



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psychology
OPTIONS
creating options for life